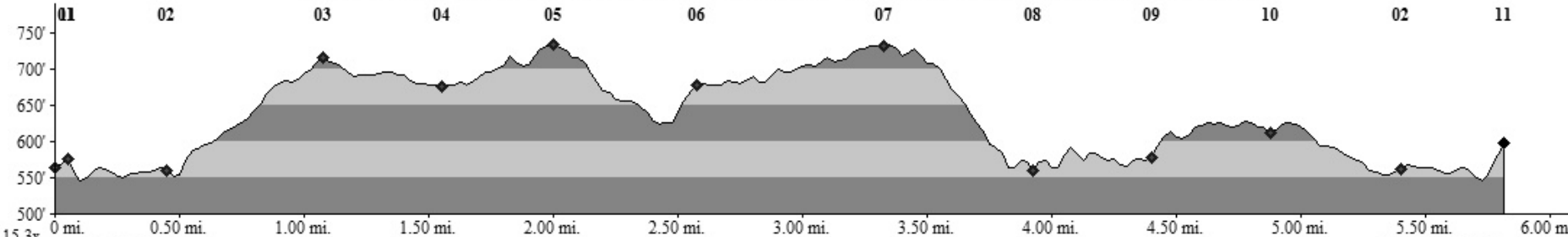


~10 km GOODWIN FOREST RUN - ELEVATION PROFILE - WAYPOINT NUMBERS ACROSS TOP OF CHART



Gain: +401' -367' = +34'